



Tracie and Don Pendergrast

ACA Certified Instructors

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What to Expect

Our courses emphasize skill development and safety. We start with the basics, allow practice time and add new skills throughout the day. You will switch partners, positions and crafts often so you become more complete paddlers. It's possible there might be jokes and games too.

All students are required to wear a Coast Guard approved Type III life jacket (PFD) at all times while on the water. We paddle rain or shine so we always expect to be wet, cold and prepare for that. Then we are pleased when that is not the case; you should do the same.

What You'll Need to Bring Each Day

- Rain coat, pants and warm clothes, no cotton. We paddle in inclement weather, and are outside all day. You'll want a warm hat and gloves. Be Prepared!
- Water shoes or boots. Your feet will be in cold water. Xtra Tuffs are good.
- Extra dry clothes. When you do get wet you'll want dry clothes.
- Sunscreen, bug dope, lip balm, etc. We're outside all day, you'll recall.
- Plenty of WATER to drink, and your LUNCH and SNACKS.
- A small dry bag or box for dry storage.
- A canoe, paddles, extra paddle, Coast Guard approved Type III PFD, throw rope, bailer/sponge. Bring your own, or make arrangements. We have limited canoe gear available on a first come first serve basis for an additional fee. Canoe rentals are available in Fairbanks at the business listed below:
 - Canoe Alaska <http://canoealaska.com/>
 - UAF Outdoor Adventures <http://www.uaf.edu/draw/outdoor-adventures/rental-rates/>
 - Tanana Lakes